

## Next Steps...

If you think it might be helpful to work with me, then you could:

- 1) Speak to your parents or teachers. You can join in with these sessions if you wish.
- 2) I will come into school to work with key people.
- 3) We will agree solutions together and I will write these down.

*What you say will normally only be shared with other people if you agree.*

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Providing help in schools

- Confused in lessons?
- Work too difficult?
- Feeling unhappy?
- Wanting change?



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# Maybe an educational psychologist can help?



## Who do I work with?

I can work with any young person who may be finding school difficult:



I can help with...

**learning**  
**behaviour**  
problem-solving  
**feelings**  
**friendships**

So that you can be...

**successful**

## What will I do?



Ask questions



Talk and listen



Watch lessons



Do activities



Agree solutions

## What is an educational psychologist?

My name is **Katie Alvey.**

I am an educational psychologist and have also worked as a teacher.

My job is to help young people, parents and teachers to solve problems in schools.

**'I help teachers and parents to help you'**

